

## **Health Promotion Center**

At the Health Promotion Center, Seoul National University Bundang Hospital (SNUBH), we created the most comprehensive, streamlined health check-up program to ensure thorough head to toe evaluation for the client's health status & for early detection of various diseases and preventive measures for each examinee. Our health check-up program has several packages tailored to the individual.

If any health problems be identified, our comprehensive and experienced team of medical professionals will follow up with you to provide the necessary medical care, help you understand your health status, and—advise you on lifestyle changes or further diagnostic/therapeutic measures offered by our world class professors in each area of specialization.

## Junior Package

Junior Package is a specialized health check-up program prepared to ensure the good health of adolescents.

Section	Test Items
Body Measurement	Height, Weight, Waist Circumference, Blood Pressure, Body Mass Index
Blood Tests	Complete Blood Count (CBC), Chemistry Panel (Liver function/Renal function/Uric acid/Diabetes/Cholesterol & Lipids/Electrolytes & Mineral/Hepatitis A and B/Inflammation/Thyroid gland/Vitamin D/Anemia/Rubella antibody (Female only))
Urinalysis & Stool Test	Stool test (Parasites/Fecal occult blood), Urinalysis (Routine analysis)
Vision Test	Visual acuity
Hearing Test	Audiometry
Gastrointestinal Tests	Abdomen ultrasound
Cardiovascular Tests	Electrocardiography (ECG)
Pulmonary Test	Chest X-ray (AP)
Preventive dentistry	Oral examination, oral imaging, evaluation, and education for total oral care
Medical Consultation (7 days after health screening)	Consultation with a GP to discuss test results
<b>Price: Man 720,000 KRW / Woman 750,000 KRW</b>	

*Last updated on January, 2020*

## Basic Package

Basic Package is a health check-up program for prevention and early detection of disease.

Section	Test Items
Body Measurement	Height, Weight, Waist Circumference, Blood Pressure, Body Mass Index
Blood Tests	Complete Blood Count (CBC), Chemistry Panel (Liver function/Renal function/Uric acid/Diabetes/Cholesterol & Lipids/Electrolytes & Mineral/Hepatitis A, B and C/Inflammation/Vitamin D), Tumor markers, Thyroid gland function
Urinalysis & Stool Test	Stool test (Parasites/Fecal occult blood), Urinalysis (Routine analysis)
Vision Test	Visual acuity
Gastrointestinal Tests	Abdomen ultrasound Gastroendoscopy (Without sedation) (Biopsy and/or helicobacter pylori, if necessary)
Cardiovascular Tests	Electrocardiography (ECG)
Gynecological Exam (Women)	Pap smear test (Liquid-based) Mammography
Pulmonary Test	Chest X-ray (AP) Chest X-ray (Lateral)
Medical Consultation (7 days after health screening)	Consultation with a GP to discuss test results
<b>Price: Man 900,000 KRW / Woman 1,050,000 KRW</b>	

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## Basic-Pink Package

Basic-Pink Package is a health check-up program for 20s and 30s for prevention and early detection of disease.

Section	Test Items
Body Measurement	Height, Weight, Waist Circumference, Blood Pressure, Body Mass Index
Blood Tests	Complete Blood Count (CBC), Chemistry Panel (Liver function/Renal function/Uric acid/Diabetes/Cholesterol & Lipids/Electrolytes & Mineral/Hepatitis A, B and C/Inflammation/Vitamin D), Testosterone (Men), Rubella antibody, Poxvirus antibody, Thyroid gland function, Anemia (Women)
Urinalysis & Stool Test	Stool test (Parasites/Fecal occult blood), Urinalysis (Routine analysis/Nicotine)
Vision Test	Visual acuity
Gastrointestinal Tests	Gastroendoscopy (Sedated) (Biopsy and/or helicobacter pylori, if necessary) Abdomen ultrasound
Cardiovascular Tests	Electrocardiography (ECG)
Pulmonary Test	Chest X-ray (AP, Lateral)
Endocrinology Test	Thyroid ultrasound
Gynecological Exam (Women)	Breast ultrasonic examination Human Papillomavirus Test Pap smear test (Liquid-based)
Medical Consultation (7 days after health screening)	Consultation with a GP to discuss test results
<b>Price: Man 1,125,500 KRW / Woman 1,575,000 KRW</b>	

*Last updated on January, 2020*

## Standard Package

Standard Package (general) is recommended for middle-aged group to diagnose major cancers and to prevent various diseases.

Section	Test Items
Body Measurement	Height, Weight, Waist Circumference, Blood Pressure, Body Mass Index
Blood Tests	Complete Blood Count (CBC), Chemistry Panel (Liver function/Renal function/Uric acid/Diabetes/Cholesterol & Lipids/Electrolytes & Mineral/Hepatitis A, B and C/Inflammation/Vitamin D/Insulin), Tumor markers, Thyroid gland function
Urinalysis & Stool Test	Stool test (Parasites/Fecal occult blood), Urinalysis (Routine analysis/Microalbumin-to-creatinine ratio/Nicotine)
Vision Test	Visual acuity Ocular pressure Fundus photograph
Gastrointestinal Tests	Abdomen ultrasound Gastroendoscopy (Sedated) (Biopsy and/or helicobacter pylori, if necessary) Colonoscopy (Sedated)
Cardiovascular Tests	Electrocardiography (ECG) Exercise stress test (Men)
Cerebrovascular Test	Carotid artery ultrasound (Men)
Endocrinology Tests	Thyroid ultrasound Bone densitometry (Women) Bone marker (Women)
Gynecological Exam (Women)	Human Papillomavirus Test Pap smear test (Liquid-based) Pelvic ultrasound Mammography
Pulmonary Test	Chest X-ray(AP) Low dose chest CT

	Pulmonary function test
Medical Consultation (7 days after health screening)	Consultation with a GP to discuss test results
<b>Price: Man 2,085,000 KRW / Woman 2,460,000 KRW</b>	

## Standard - Comprehensive Package

For those who need more detailed assessment in cerebral, cardiovascular diseases and cancers, comprehensive package will be the perfect addition to Standard Package.

<b>Cancer Checkup</b>	
Section	Test Items
Blood Tests	Blood cell morphology Free PSA (Tumor marker for prostate cancer)
Urinalysis	Liquid-based cytology
Gastrointestinal Tests	Abdomen & Pelvis CT Liver ultrasound Gastroendoscopy (Sedated) (Biopsy and/or helicobacter pylori, if necessary) Colonoscopy (Sedated)
Urological Exam (Male)	Prostate ultrasound
Gynecological Exam (Women)	Pelvic ultrasound Breast ultrasound
<b>Price: Man 2,625,000 KRW / Woman 3,015,000 KRW</b>	

<b>Brain Checkup</b>	
Section	Test Items
Cerebrovascular Test	Brain MRI & MRA Carotid artery ultrasound
<b>Price: Man 3,600,000 KRW / Woman 4,155,000 KRW</b>	

## Heart Checkup

Section	Test Items
Cardiovascular Tests	Cardiac CT + Lung CT (3D)
Cerebrovascular Test	Carotid artery ultrasound
Physiologic Study	Heart rate variability test
Nutritional Assessment	Detailed assessment and nutrition consultation
<b>Price: Man 2,910,000 KRW / Woman 3,375,000 KRW</b>	

*Last updated on January, 2020*

## Premium Package

Premium Package is a high-quality health check-up program designed for those who are pursuing a complete wellness lifestyle. The package consists of tests for the early detection and prevention of cerebral and cardiovascular diseases as well as high-incidence cancers.

Section	Test Items
Body Measurement	Height, Weight, Waist Circumference, Blood Pressure, Body Mass Index
Blood Tests	Complete Blood Count (CBC), Chemistry Panel (Liver function/Renal function/Uric acid/Diabetes/Cholesterol & Lipids/Electrolytes & Mineral/Hepatitis A, B and C/Inflammation/Vitamin D), Tumor markers, Thyroid gland function, Homocysteine, Anemia
Urinalysis & Stool Test	Stool test (Parasites/Fecal occult blood), Urinalysis (Routine analysis/Microalbumin-to-creatinine ratio/Nicotine)
Vision Test	Visual acuity Ocular pressure Fundus photograph
Gastrointestinal Tests	Liver ultrasound Gastroendoscopy (Sedated) (Biopsy and/or helicobacter pylori, if necessary) Colonoscopy (Sedated)
Cardiovascular Tests	Electrocardiography (ECG) Cardiac+lung+abdomen CT
Cerebrovascular Test	Brain MRI & MRA
Endocrinology Tests	Thyroid ultrasound Bone densitometry Bone marker Hormone tests for men and female
Gynecological Exam (Women)	Human Papillomavirus Test Pap smear test (Liquid-based) Pelvic ultrasound



	Mammography Breast ultrasound
Urological Exam (Men)	Prostate ultrasound
Physiologic Study	Heart rate variability test
Pulmonary Test	Chest X-ray (AP) Pulmonary function test
Preventive dentistry	Oral examination, oral imaging, evaluation, and education for total oral care
Medical Consultation (7 days after health screening)	Consultation with a GP to discuss test results
<b>Price: Man 4,440,000 KRW / Woman 4,890,000 KRW</b>	

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